## **CLAIMS**

1. A method of treating a disease, damage or disorder of the central nervous system associated with a disorder of neurochemical equilibrium of a biogenic amine or other neurotransmitter, comprising administering to a subject in need thereof a compound of formula **I** 

 $X \ is \ selected \ from \ the \ group \ consisting \ of \ CH_2, \ O, \ S, \ S(=O), \ S(=O)_2 \ and \ NR^a,$  wherein  $R^a$  is selected from the group consisting of hydrogen,  $C_1$ - $C_3$ -alkyl,  $C_1$ - $C_3$ -alkanoyl,  $C_1$ - $C_7$ -alkyloxycarbonyl,  $C_7$ - $C_{10}$ -arylalkyloxycarbonyl,  $C_7$ - $C_{10}$ -arylalkyl,  $C_3$ - $C_7$ -alkylsilyl and  $C_5$ - $C_{10}$ -alkylsilylalkyloxyalkyl;

Y and Z are each independently selected from the group consisting of hydrogen, halogen,  $C_1$ - $C_4$ -alkyl,  $C_2$ - $C_4$ -alkenyl,  $C_2$ - $C_4$ -alkynyl, halo- $C_1$ - $C_4$ -alkyl, hydroxy,  $C_1$ - $C_4$ -alkoxy, trifluoromethoxy,  $C_1$ - $C_4$ -alkanoyl, amino, amino- $C_1$ - $C_4$ -alkyl,  $C_1$ - $C_4$ -alkylamino, N-( $C_1$ - $C_4$ -alkyl)amino, N-di( $C_1$ - $C_4$ -alkyl)amino, thiol,  $C_1$ - $C_4$ -alkylthio, sulfonyl,  $C_1$ - $C_4$ -alkylsulfonyl, sulfinyl,  $C_1$ - $C_4$ -alkylsulfinyl, carboxy,  $C_1$ - $C_4$ -alkoxycarbonyl, cyano and nitro;

 $R^1$  is CHO,  $C_1$ - $C_7$ -alkyl optionally substituted with one or more substituents selected from the group consisting of halogen, hydroxy,  $C_1$ - $C_4$  alkoxy, thiol,  $C_1$ - $C_4$  alkylthio, amino, N- $(C_1$ - $C_4$ ) alkylamino, N, N-di( $C_1$ - $C_4$ -alkyl)-amino, sulfonyl,  $C_1$ - $C_4$  alkylsulfonyl, sulfinyl and  $C_1$ - $C_4$  alkylsulfinyl;

$$(CH_2)_m - Q_1 - (CH_2)_n - Q_2 - N R^2$$

or a substituent of the formula II:

II

wherein

R<sup>2</sup> and R<sup>3</sup> are each independently hydrogen, C<sub>1</sub>-C<sub>4</sub>-alkyl, or aryl, or

 $R^2$  and  $R^3$  taken together with [[N]] the nitrogen atom to which they are attached form a have a meaning of heterocycle or heteroaryl group, optionally substituted with one or two substituents selected from the group consisting of halogen,  $C_1$ - $C_4$  alkyl, cyano, nitro, hydroxy,  $C_1$ - $C_4$  alkoxy, thiol,  $C_1$ - $C_4$  alkylthio, amino, N-( $C_1$ - $C_4$ ) alkylamino, N-N-di( $C_1$ - $C_4$ -alkyl)-amino, sulfonyl,  $C_1$ - $C_4$  alkylsulfonyl, sulfinyl, and  $C_1$ - $C_4$  alkylsulfinyl;

m is an integer from 1 to 3;

n is an integer from 0 to 3;

 $Q_1$  and  $Q_2$  are each independently selected from the group consisting of oxygen, sulfur

wherein substituents

 $y_1$  and  $y_2$  are each independently selected from the group consisting of hydrogen, halogen,  $C_1$ - $C_4$ -alkyl optionally substituted with one or more substituents selected from the group consisting of halogen, hydroxy,  $C_1$ - $C_4$  alkoxy, thiol,  $C_1$ - $C_4$  alkylthio, amino, N- $(C_1$ - $C_4$ ) alkylamino, N, N-di( $C_1$ - $C_4$ -alkyl)-amino, sulfonyl,  $C_1$ - $C_4$  alkylsulfonyl, sulfinyl and  $C_1$ - $C_4$  alkylsulfinyl; aryl optionally substituted with one or two substituents selected from the group consisting of halogen,  $C_1$ - $C_4$  alkyl, cyano, nitro, hydroxy,  $C_1$ - $C_4$  alkoxy, thiol,  $C_1$ - $C_4$  alkylthio, amino, N-( $C_1$ - $C_4$ ) alkylamino, N, N-di( $C_1$ - $C_4$ -alkyl)-amino, sulfonyl,  $C_1$ - $C_4$ -alkylsulfinyl, hydroxy,  $C_1$ - $C_4$ -alkoxy,  $C_1$ - $C_4$ -alkanoyl, thiol,  $C_1$ - $C_4$ -alkylthio, sulfonyl,  $C_1$ - $C_4$ -alkylsulfinyl, cyano, and nitro, or

 $y_1$  and  $y_2$  together with the carbon atom to which they are attached form a carbonyl group or an imino group;

and a pharmaceutically acceptable salt or solvate thereof.

- 2. The method of claim 1, wherein the biogenic amine is serotonin, norepinephrine or dopamine.
  - 3. The method of claim 1, wherein the neurotransmitter is glutamate.

- 4. The method of claim 1 wherein the compound of formula I regulates the synthesis, storage, release, metabolism, reabsorption or receptor binding of a biogenic amine or neurotransmitter.
- 5. The method of claim 4, wherein the compound of formula **I** binds to a receptor of a biogenic amine.
- 6. The method of claim 5, wherein the compound of formula I binds to a serotonin 5- $\mathrm{HT}_{2\Delta}$  or 5- $\mathrm{HT}_{2C}$  receptor.
- 7. The method of claim 6, wherein the compound of formula I binds to a serotonin 5- $HT_{2A}$  or 5- $HT_{2C}$  receptor with an IC<sub>50</sub> of less than  $1\mu M$ .
- 8. The method of claim 1, wherein the compound of formula I binds to a  $\sigma 1$  receptor with an IC50 of less than 1  $\mu M$ .
- 9. The method of claim 1, wherein the compound of formula I binds to a  $\sigma$ 1 receptor and to at least one serotonin receptor selected from 5-HT<sub>2A</sub> and 5-HT<sub>2C</sub>.
- 10. The method of claim 1, wherein the disease or disorder of the central nervous system is selected from the group consisting of anxiety, depression, bipolar disorders, sleeping disorders, sexual disorders, psychosis, borderline psychosis, schizophrenia, migraine, personality disorders, obsessive-compulsive disorders, social phobia, panic attacks, organic mental disorders in children, aggression, memory disorders, personality disorders in elderly people, addiction, obesity, bulimia and other eating disorders, snoring, and premenstrual troubles.
- 11. The method of claim 1, wherein the damage to the central nervous system is caused by trauma, brain stroke, neurodegenerative diseases, cardiovascular disorders, thrombosis, infarct or gastrointestinal disorders.
- 12. The method of claim 1 wherein X is O, S, or  $NR^a$ , wherein  $R^a$  is selected from the group consisting of hydrogen,  $C_1$ - $C_3$ -alkyl,  $C_1$ - $C_3$ -alkanoyl,  $C_7$ - $C_{10}$ -aroyl and  $C_7$ - $C_{10}$ -arylalkyl.
- The method of claim 1, wherein Y and Z are each independently selected from the group consisting of hydrogen, fluorine, chlorine, bromine,  $C_1$ - $C_4$ -alkyl, halo- $C_1$ - $C_4$ -alkyl, hydroxy,  $C_1$ - $C_4$ -alkoxy, trifluoromethoxy,  $C_1$ - $C_4$ -alkanoyl, amino, amino- $C_1$ - $C_4$ -alkyl, N- $(C_1$ - $C_4$ -alkyl)amino, N, N-di( $C_1$ - $C_4$ -alkyl)amino, thiol,  $C_1$ - $C_4$ -alkylthio, cyano and nitro.

14. The method of claim 1, wherein  $R^1$  is CHO,  $C_1$ - $C_7$ -alkyl optionally substituted with one or more substituents selected from the group consisting of halogen, hydroxy,  $C_1$ - $C_4$  alkoxy, thiol,  $C_1$ - $C_4$  alkylthio, amino, N-( $C_1$ - $C_4$ ) alkylamino and N, N-di( $C_1$ - $C_4$ -alkyl)-amino;

or a substituent of the formula II:

$$(CH_2)_m - Q_1 - (CH_2)_n - Q_2 - N R^3$$

wherein

R<sup>2</sup> and R<sup>3</sup> are each independently hydrogen, C<sub>1</sub>-C<sub>4</sub>-alkyl, or aryl; or

R<sup>2</sup> and R<sup>3</sup> taken together with [[N]] the nitrogen atom to which they are attached form a heterocycle or heteroaryl group selected from the group consisting of morpholine-4-yl, piperidine-1-yl, pyrrolidine-1-yl, imidazole-1-yl and piperazine-1-yl;

m is an integer from 1 to 3;

n is an integer from 0 to 3; and

 $Q_1$  and  $Q_2$  are each independently oxygen or  $CH_2$ .

15. The method of claim 1, wherein the compound of formula **I** is selected from the group consisting of:

2-methyl-1,8-dioxa-dibenzo[e,h]azulene;

11-mhloro-2-methyl-1,8-dioxa-dibenzo[e,h]azulene;

1,8-dioxa-dibenzo[e,h]azulene-2-carbaldehyde;

11-chloro-1,8-dioxa-dibenzo[e,h]azulene-2-carbaldehyde;

(1,8-dioxa-dibenzo[e,h]azulen-2-yl)-methanol;

(11-chloro-1,8-dioxa-dibenzo[e,h]azulen-2-yl)-methanol,

[3-(1,8-dioxa-dibenzo[e,h]azulen-2-ylmethoxy)-propyl]-dimethyl-amine;

[2-(11-chloro-1,8-dioxa-dibenzo[e,h]azulen-2-ylmethoxy)-ethyl]-dimethyl-amine;

[3-(11-chloro-1,8-dioxa-dibenzo[e,h]azulen-2-ylmethoxy)-propyl]-dimethyl-amine;

3-(11-chloro-1,8-dioxa-dibenzo[e,h]azulen-2-ylmethoxy)-propylamine; and a pharmaceutically acceptable salt or solvate thereof.